



REHAB

REmoving prison HeAlth Barriers

Grundtvig Project

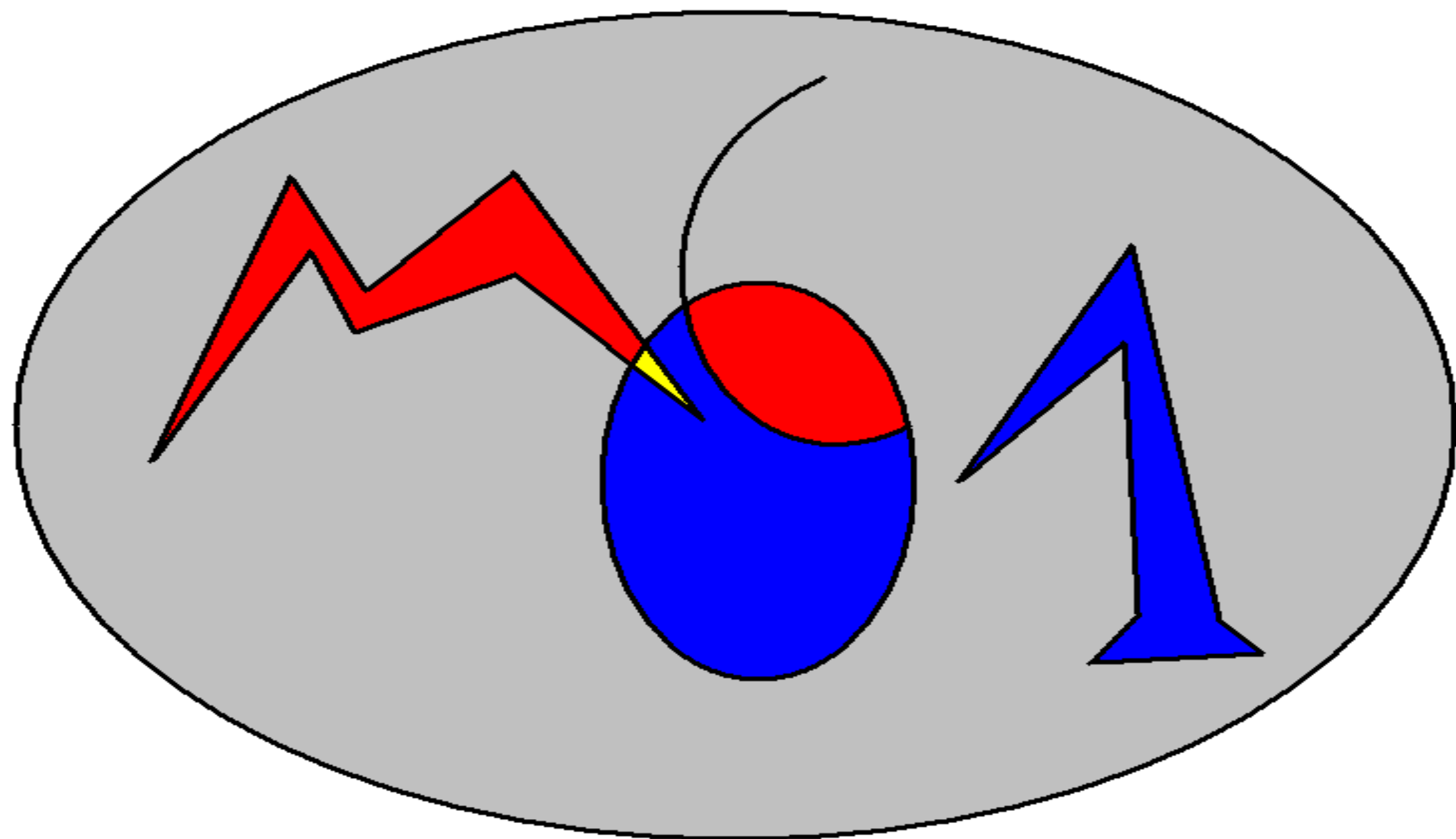
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ReHaB Project in Spanish Prisons

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June 2nd, 2015





FRANCIA

SUIZA

Zagreb
CROACIA

BOSNIA Y
HERZEGOVINA

REPÚBLICA
DE
MONTENEGRO

ITALIA
Viterbo

Roma

Nápoles

ESPAÑA

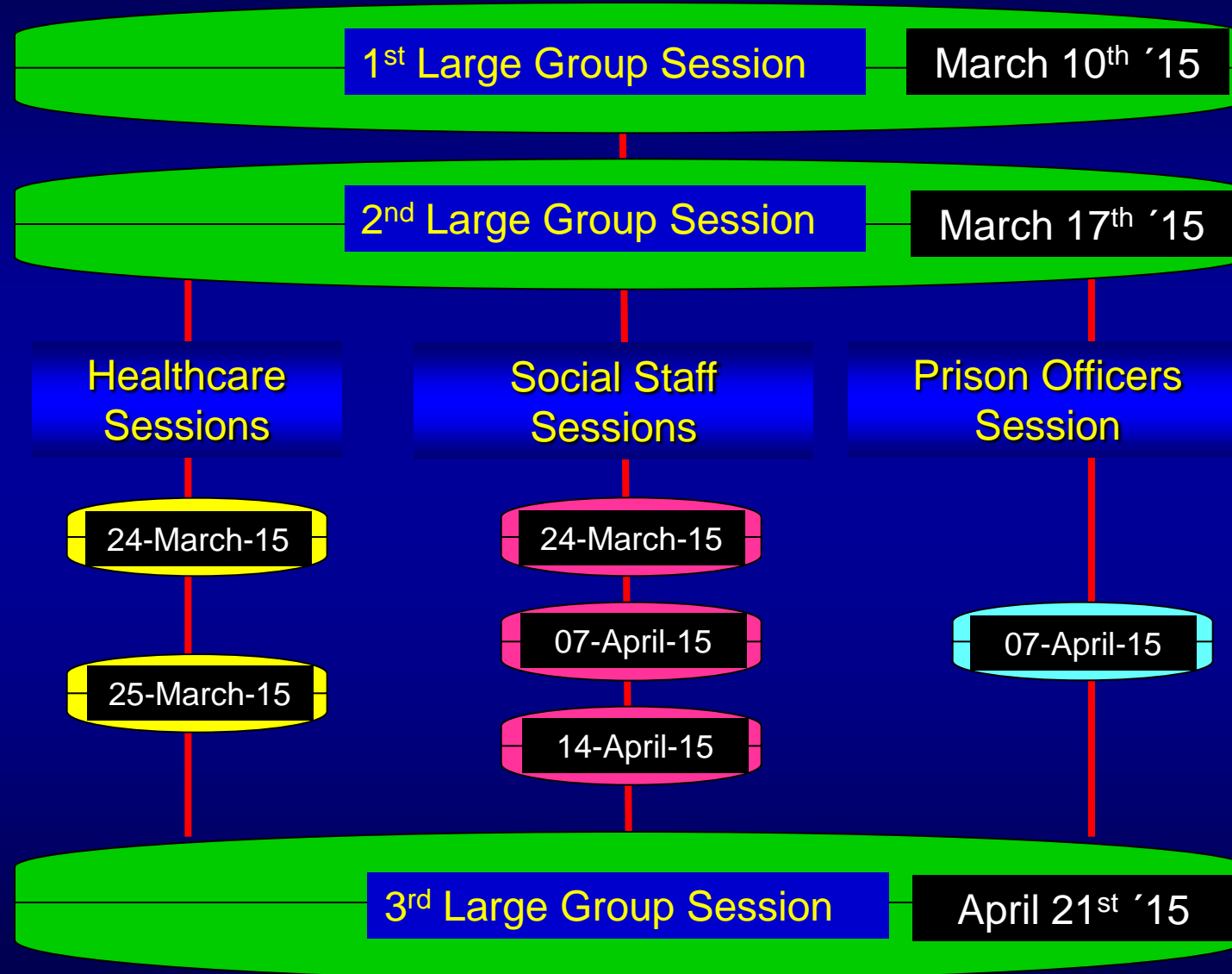
Aranjuez
Madrid
Ocaña

Mar Mediterráneo

Argel

PORTUGAL

1st Phase of the ReHaB Project - Sessions



2st Phase of the ReHaB Project - Sessions

	Monday April 27th	Thursday April 30th	Monday May 4th	Thursday May 7th	Monday May 11th	Monday May 18th
8.30h - 11.30h	Sensitivity Group & Prison Guards	Healthcare Group & Prisoners	Sensitivity Group & Prison Guards	Healthcare Group & Prisoners	Sensitivity Group & Prison Guards	Sensitivity Group & Prison Guards
	COACHING	TUTORING	COACHING	TUTORING	COACHING	COACHING
11.45h - 14.45h	Healthcare Group & Prison Guards		Healthcare Group & Prison Guards		Sensitivity Group & Prisoners	Sensitivity Group & Prisoners
	COACHING		COACHING		TUTORING	TUTORING



SESP

REHAB PROJECT

REHAB

Removing prison Health Barriers

Grounding Project

LA PR

ABILITADOR

Group 1

Nr. of Sessions and Assistants

Total number of all training sessions	Prison	Total number of all trainees who attended the training	Total number of Prisoners trained	Total number of Prison guards trained	Total number of Medical Staff, social staff
40 sessions per prison (9+8+4+4+4+8+2+1) 1 st Phase = 9 Sensitivity Groups with Guards = 8 Sensitivity Groups with Prisoners = 4 Healthcare Groups with Guards = 4 Healthcare Groups with Prisoners = 4 8 Coaching + 2 Tutorial sessions Closure Session = 1	Madrid VI	68 Trainees (28+24+16)	28 Prisoners	24 prison guards (4 Prison Head Officers + 20 Guards)	16 Workers (6 Medical Staff + 10 Social Staff)
	Ocaña I	61 Trainees (27+22+12)	27 Prisoners	22 prison guards (3 Prison Head Officers + 19 Guards)	12 Workers (4 Medical Staff + 8 Social Staff)



People who took part of the ReHaB Project

PRISON	HEALTHCARE GROUP									SENSITIVITY GROUP									PRISON SECURITY						PRISONERS		
	PHYSICIANS			NURSES			HELPERS			PSYCHOL.			EDUCATORS			SOCIAL WORKERS			HEAD OFFICERS			PRISON GUARDS					
	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total Staff in Prison	%	ReHaB Project	Total nr. in prison	%
OCAÑA I	1	2	50	3	5	60	1	5	20	2	2	100	3	5	60	3	5	60	3	8	37	19	63	30	27	511	5
MADRID VI	0	5	0	4	12	33	2	9	22	2	6	33	5	13	38	3	10	30	4	10	40	20	265	8	28	1239	2



Indicators

- Trainers & Coaches: **12 in both prisons**
- Sessions: **40 per prison**

	Ocaña I	Madrid VI
• Trainers Assistance to the 1 st Phase Sessions:	85%	91%
• Trainers Assistance to the 2 nd Phase Sessions:	90%	86%
• Prison Guards Assistance to the 2 nd Phase Sessions:	90%	91%
• Prisoners Assistance to the 2 nd Phase Sessions:	95%	85%



Collected Documents (C.P. Madrid VI)

	Sessions Description	Sessions Problems	Sessions Observation	Vademecum
Sensitivity Groups with Guards	8 (100%)	6 (75%)	8 (100%)	2 (100%)
Healthcare Groups with Guards	3 (75%)	3 (75%)	4 (100%)	2 (100%)
Sensitivity Groups with Prisoners	4 (100%)	2 (50%)	3 (75%)	0
Healthcare Groups with Prisoners	4 (100%)	4 (100%)	4 (100%)	2 (100%)



Collected Tests (C.P. Madrid VI)

	Pre Test	Post Test	Pre Wheel	Post Wheel
Trained Workers	18 (90%)	15 (75%)		
Prison Guards	18 (90%)	12 (60%)	9 (45%)	17 (85%)
Prisoners	28 (100%)	16(57%)	21 (75%)	13 (46%)

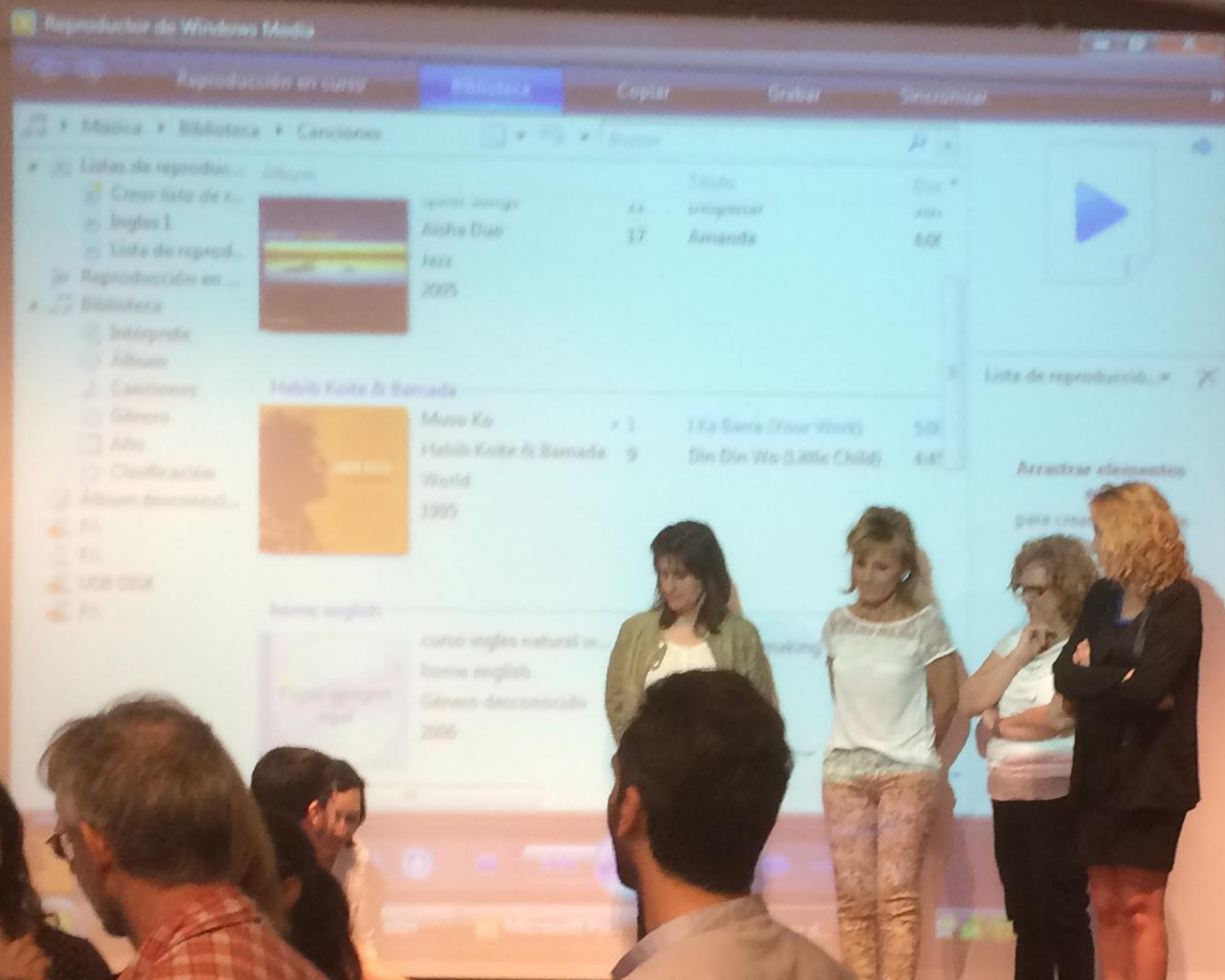


Issues to be Addressed

1) Project benefits

2) How to improve the ReHaB Project:

1. What should be eliminated
2. What should be added
3. What should be modified
4. What should be boosted



Performance Hurdles

- Not too much information on the Project itself
- Lack of coordination
- Lack of common contents
- Lack of time
- Lack of self confidence
- Institutional adaptation
- Too much bureaucracy

Other Questions to be Addressed

- Is it useful to train prisoners? (doubts on its need and efficacy)
- Is training an extra effort for workers instead of an opportunity to improve communication?



Advantages

- Working together professionals of different prison areas
- Working together with professionals of other prisons
- Getting information from peers
- Communication improvement between different prison workers
- Leaving fears and mistrust behind
- Learning about your peers work and your own
- Awareness of emotions. We are all emotional beings
- Learning how to overcome stressful situations

And the Future?

1. Results in Spain and Italy
2. Diffusion and exploitation of the ReHaB Project



